SHARED SPACE CONNECTION [SUITEMATE

Carleton Housing & Residence Life



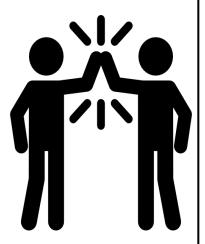


Remember!

You do not have to be best friends with your suitemates, but you do have to:

- Respect each other
- Communicate honestly and effectively and in a timely fashion
- Seek assistance when needed to work through conflicts

Suite Number:
Student Names:



Discuss

- What was your living situation like before this?
- What are your priorities (school, socializing, physical actives)?
- What are your pet peeves?
- What are your personal habits (smoking, drinking, music, meditation, exercising, hobbies etc)
- Any medical information I should know about you? (Allergies, medical conditions, etc.)

I believe that being a good suitemate means the following: (i.e. keeping a good sense of humour, being considerate of roommate's privacy, sharing	Activity: Order the following topics from 1 to 7 (1 to 8 if you ac an "other" category). Note the differences and similarities
space equally):	between you and your suitemates!

Jot down your thoughts. Note your differences.

What do you need from your roommates to live in a productive and positive environment in your shared space?

Topic	Ranking
	(1 most important
	to you, 7 least
	important to you)
Cleanliness	
Quiet	
Temperature of room	
Guests in room	
Sharing items (cleaning	
supplies, fridge, soap, etc.)	
Substance use	
(alcohol/cannabis/etc.)	
Sleep	
Other:	

Coping with stress: Outline how you should approach each other if you have a concern come up in the future. How do you like to be communicated with? Do you tend to address issues directly, or avoid them? Studying, Steeping, and Quiet Time			
When is noise okay/not okay and how much? Remember everyone always has a responsibility of upholding Reasonable Quiet in residence: at any given time, it is expected that noise volume should be limited to a level in which it cannot be heard clearly outside of a residence room, pod, or suite. Cleanliness: You have the responsibility in residence to maintain a clean and sanitary space, free from all pests and assist in the upkeep of your room.			
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