CU at home
2017-2018
Why live in residence?

Living & Learning
There are living-learning communities for some faculties and programs. Connecting enthusiastic faculty and experiential learning opportunities, this community will emphasize outside of the classroom learning and shared group experiences.

Available
Graduate and upper-year buildings on campus.

Free
Carleton students can travel all over the city right from campus with their CU Pass.

6-10hrs
On average, residents study 6-10 hours per week.

1st Year Guarantee
Students directly from high school or CEGEP are guaranteed a traditional double room provided they pay their deposit by the deadline.

1.4X
When not controlling for other factors, students living in Residence are 1.4 times more likely be retained to the next academic year than students living off-campus.

3600
There are just over 3600 beds in Residence.

Safety
Residence students who feel the strongest sense of belonging on campus live with a roommate.

Self Awareness
Positive Relationships
Community Engagement

There are several interest-based Themed Communities and 'quiet' floors.
Learning in residence!

Our Residence Curriculum

Our curriculum addresses what our students will learn during their 8 months they live in Residence at Carleton University. Our approach is based on intentional learning, with a focus on developing student leaders. Similar to an academic curriculum students follow in their classes, we have implemented a curricular approach that encourages learning from and with their peers, and creates an educational setting for student success and growth. Our approach is designed with the goal in mind to help students develop as leaders in their current and future communities. As one of very few Canadian institutions to develop a Residential Curriculum, our goal is to set the bar high for the potential that a Residence program can have on a student’s overall University experience.

Curriculum Learning Goals

**Self-Awareness**

Self-awareness is a student’s ability to recognize and reflect on the process of developing their identity and purpose.

- Describe aspects of their identities
- Identify academic, personal and career goals
- Recognize strategies to overcome challenges
- Demonstrate practical skills needed to be successful outside of the Residence community

**Positive Relationships**

Positive relationships are a student’s ability to intentionally interact and establish respectful relationships with others.

- Value inclusion in the Residence and Carleton University communities
- Demonstrate effective communication strategies to use with their peers
- Examine conflict in a positive manner

**Community Engagement**

Community engagement is a student’s ability to recognize and demonstrate the shared values for the betterment of the communities in which they live.

- Value the rights and responsibilities of living in a community
- Identify ways to be intentionally engaged in their communities
- Explain a student’s commitment to act for the benefit of their community
- Contribute to the value and practices of local, national, and international communities

Educational Strategies

Educational strategies are specific activities or interactions intentionally planned by the Department of Housing and Residence Life Services to develop the residential community and promote learning through self-awareness, positive relationships, and community engagement. To ensure that the educational strategies are intentional, lesson plans have been created to ensure the interactions are designed to support the intended learning outcomes.

**1st Year Strategies**

- Intentional Conversations
- Community Meetings
- Roommate Agreements
- Student-Led Initiatives
Community in residence!

Our Departmental Mission

The Department of Housing and Residence Life Services is a student-focused residence community and continuously strives to provide quality service to support our residents.

We are committed to providing opportunities for personal growth and academic development while promoting a safe and inclusive living environment.

Community & Conduct

Our Residence Student Conduct approach has a student-centered focus and is in place to support our Residents in learning and personal development. Through engagement and reflection, this process provides students with the opportunity to be accountable to their community and to contribute to the high standards and expectations of living in residence.

This philosophy is supported by Carleton University Residence's commitment to every individual's equality in relation to dignity and worth. Each individual will be provided with equal rights and opportunities without discrimination or harassment. Association or behavior related to harassment, bullying, sexual assault, hazing or violence will not be tolerated.

The Residence Community Standards will guide you in the well-being, safety and security of Residence, as well as outline the high expectations and accountability placed on those living in Residence. You are encouraged to resolve your community living issues on your own in a mature fashion to enhance your residence experience but the Residence staff are always ready to provide assistance to mediate or facilitate positive living arrangements if that is necessary. The standards were also created to complement municipal, provincial, and federal legislation and written with the Carleton University Student Rights and Responsibilities Policy, the university’s student code of conduct in mind.

Residence Rights & Responsibilities

Residence is a place where students can grow through mutual respect and personal development. The well-being of the Residence community rests on the balance between the needs of the individual and the community. Some examples of our Rights and Responsibilities are outlined below.

<table>
<thead>
<tr>
<th>Guideline</th>
<th>Right</th>
<th>Responsibility</th>
</tr>
</thead>
<tbody>
<tr>
<td>Reasonable Quiet</td>
<td>Environment conducive to sleep and study</td>
<td>Be considerate of your own noise</td>
</tr>
<tr>
<td>Respect</td>
<td>Mutual respect and acceptance</td>
<td>Treat others with respect and understanding</td>
</tr>
<tr>
<td>Fairness &amp; Support</td>
<td>Fair and consistent service from Residence Life Staff</td>
<td>Responsive and cooperative with Residence Life Staff</td>
</tr>
</tbody>
</table>
What's in my room?

Bedroom Basics
- Bed
- Desk and Chair
- Drawers
- Garbage & Recycling Bins

Bathroom Basics
- Toilet
- Sink
- Mirror
- Towel Bar
- Shower Curtain

Included Utilities
- Heat, Hydro, Water
- Wireless Internet
- Basic Phone Services
What to bring?

Bedroom
- Pillows
- Linens
- Hangers
- Iron + Board
- Warm Clothes
- Kettle (auto shutoff)
- Cups + Mugs
- Personal Items/Decor

Electronics
- Computer
- Printer
- Power-bar
- Headphones
- Extension Cord
- Alarm Clock
- Ethernet Cord

School
- Binders
- Paper
- Pens/Pencils
- Backpack

Cleaning & Hygiene
- Toothbrush + paste
- Hairbrush
- Shamooo + Soap
- Towels
- Laundry Basket
- Laundry Detergent
- Cleaning Supplies
- Broom + Dust Pan
Tell me more about the buildings!

**Legend**
- Standard Double Beds
- Extra-Long Twin Beds
- Traditional Style
- Suite Style
- Themed Communities / Living-Learning Community
- Mandatory Meal Plan
- Upper Year Residence

- **Dundas & Stormont Houses**
- **Frontenac**
- **Glengarry**
- **Grenville & Russell Houses**
- **Lanark & Renfrew Houses**
- **Leeds**
- **Lennox & Addington**
- **Prescott**
Resources for residents!

There are many resources available for students on campus. Here are a few that Residence works closely with to provide you with a positive and supportive experience.

Campus Safety
Carleton University Residence works closely with the Department of Campus Safety to address the needs of the community for personal safety, protection of property and parking needs. We work together to offer preventative programs and safety awareness campaigns. Many Residence students use the Safe Walk Program, one of many initiatives offered by Campus Safety.

For more information, visit: http://carleton.ca/safety/

Fresh Food Company
The Fresh Food Company is Carleton University’s all-you-care-to-eat dining hall, located in Residence. The dining hall provides a wide array of options for students, and offers gluten-free, dairy-free, halal, vegetarian, and vegan dishes throughout the year. The Fresh Food Company is proud to provide responsible and sustainable food, including local and fair trade items. Join us every Wednesday for ‘Go Local’ to experience locally sourced foods from across Ontario.

For more information, visit: http://dining.carleton.ca/

Residence Counsellors
Carleton University Residence is proud to provide confidential in-house counselling. Exclusive to those living in residence, our counsellors provide support throughout the academic year to assist students with a variety of issues.

Student Experience Office (SEO)
The Student Experience Office ensures new students make a successful transition to university life by preparing you to achieve your personal and academic goals. The SEO continues to support you through your time at Carleton University by offering helpful services and programs to encourage student engagement. This includes collaborative programs, Alternative Spring Break, the SOAR Leadership Conference, Academic Orientation, and many other great initiatives.

For more information, visit: http://carleton.ca/seo/

Carleton Athletics
Carleton Athletics provides a wide array of fitness programs for students who wish to be active and involved. We also work closely with Athletics to support our varsity and club teams, and provide opportunities to introduce residence students to our Carleton Ravens teams.

For more information, visit: http://goravens.ca/ or http://athletics.carleton.ca/

Sexual Assault Support Services
Sexual Assault Support Services at Carleton University provides free and confidential services to all students, staff and faculty. Services include short term counselling, safety planning, peer support, information on sexual violence, and volunteer opportunities for students to work as peer educators. We work closely with Sexual Assault Support Services to educate residents on sexual harassment and sexual assault through preventative programming and awareness campaigns.

For more information, visit: http://carleton.ca/equity/sexual-assault/
Resources for parents!

Partnering for Student Success!
We recognize and value the important roles that families play in helping students transition from life at home to living on campus. We appreciate the partnership of parents and families in supporting student success, academic achievement, and personal growth. We have created this page to outline what you can expect from the Department of Housing and Residence Life Services, and discuss how we are a partner in helping your student develop into an independent adult and engaged leader.

Communication
Our department can provide you with policy and procedural information, however, we are not able to provide you with information about your student, as outlined in the Freedom of Information and Protection of Privacy Act (FIPPA), which applies to all university operations. We are restricted from providing any information about our residents - this includes room numbers, student conduct history, account balances, grades, addresses, etc. If you would like to know this information, we encourage you to discuss these questions or concerns with your student directly.

Contacting Your Student
Please ensure you have contact information for your student before moving to Residence, including a cellphone number, email address, etc. Due to FIPPA, we are not able to contact the student on your behalf, and you will have to do so directly. We recommend you set up a communication routine or schedule with your student around their academic commitments to prevent you from worrying when they are busy with studies and activities. Know that the transition to university can be difficult and we provide many activities, opportunities, and engagement initiatives to help ease any anxiety, so your student may be too busy to respond to your text or call right away. Give your student the benefit of the doubt and try again before panicking.

What To Expect
You can expect that your student may experience some degree of homesickness at the beginning of the university transition, and you may notice a high frequency of phone calls directly after moving them into Residence. Your student might be getting used to living with a roommate for the first time, adjusting to a new routine, or navigating cultural differences. Below are ways you can help your student:

When your student calls home unexpectedly, please do not panic. It may be to say hello and hear a familiar voice.

Listen to your student’s concerns and suggest they approach the Housing Staff if they need additional help.

If you plan to visit your student, please let them know you are coming. You cannot gain access to your student’s room without their consent and presence.

Consider sending your student a care package when they least expect it to remind them that you are thinking of them.

If the call is about a roommate conflict, try your best not to take sides and reaffirm your confidence in them to resolve their own problems. You may encourage your student to contact their Residence Fellow or Residence Manager for additional support. These staff are trained mediators and help resolve roommate issues when they arise.

Sometimes your student may experience facilities concerns, so if they call you unsure of what to do about a burnt light bulb or dripping tap, encourage them to complete a work order so our facilities personnel can fix the issue as soon as possible. Without knowing there is a concern, we are unable to address it for your student. If the student is unsure how to complete a work order, the information is available on our website or they can speak with their Residence Fellow for help at any time.

As your student is important to you, they are also important to us. To ensure we are effectively caring for and supporting your student, it is important that they connect with us directly and we have the opportunity to talk to them about their needs and concerns. Our goal is to support and promote your student’s success.

For additional information on what the Residence experience may be like for your student, our website is updated regularly and highlights topics such as move-in, living in Residence, meals, events, and much more!
Applying to **residence**!

**First-Year Guaranteed Room Acceptance Process**

- **MAY 16**
  - All current secondary school students going into their first year and CEGEP students who are admitted on or before May 16th and accept by the deadline are guaranteed a double traditional room.

- **JUNE 8**
  - Deadline to accept guaranteed residence offers and pay $700 deposit by 4:30pm on June 8, 2017.
  - Note: You must have accepted your offer to Carleton prior to Residence.

**Non-Guaranteed Room Application Process**

- **After accepting your offer of admission from Carleton, log into CARLETON CENTRAL and select the ‘Housing’ link.**

- **JUNE 8**
  - Deadline to submit Residence application and pay the non-refundable application fee.
  - Note: You must have accepted your offer to Carleton prior to Residence.

- **JUNE 13**
  - Room Lottery Date.
  - Any applications submitted beyond this date will be added to the waitlist.

**Questions?**

carleton.ca/housing  Carleton University-Residence  @carletonres